

Skin Testing Allergy Guideline

Diagnostic skin tests cannot be done if patients are taking the following medications.
*Please do NOT discontinue these medications without consulting your prescribing doctor.

TYPE	EXAMPLES (BRAND NAME/GENERIC)	DISCONTINUE/WITHHOLD*
Topical anti-inflammatory or steroids	creams, lotions, gels, ointments or solutions (prescription or over-the-counter)	Do NOT apply the day of testing
Anti-Anxiety, Anti-Pruritic	Ativan (Lorazepam) Klonopin (Clonazepam) Xanax (Alprazolam)	3 days prior to testing 7 days prior to testing 3 days prior to testing
Anti-Adrenergic, Anti-hypertensive	Catapres (Clonidine)	Consult your prescribing physician
Anticholinergic	Hyoscyamine	5 days prior to testing
Antihistamines (long-lasting)	Alavert Allegra (Fexofenadine) Atarax/Vistaril (Hydroxyzine) Claritin (Loratadine) Clarinex (Desloratadine) Nyquil (and any cold products containing anti-histamines) Perlactin (Cyproheptadine) Xyzal (Levocetirizine) Zyrtec (Cetirizine)	7 days prior to testing
Antihistamines (other)	Actifed (Chlorpheniramine) Advil PM Aleve PM Benadryl (Diphenhydramine) Dimetapp (Brompheniramine) Tylenol PM Unisom (Doxylamine) ZzzQuil (Diphenhydramine)	7 days prior to testing
Anti-depressants	Asendin Desyrel Doxepin (Sinequan) Elavil (Amitriptyline) Pamelor (Nortriptyline) Remeron (Mirtazapine) Seroquel Serzone Surmontil (Trimipramine) Tofranil (Imipramine) Vivactil (Protriptyline) Zyprexa	2 weeks prior to testing
Histamine Blockers	Axid (Nizatidine) Pepcid (Famotidine) Tagamet (Cimetidine) Zantac (Ranitidine)	7 days prior to testing
Muscle Relaxants	Flexiril (Cyclobenzaprine)	2 weeks prior to testing
Nasal Sprays & Eye Medications	Astelin (Azelastine) Astepro Dymista Optivar Pataday Patanol	3 days prior to testing
Steroids (oral)	Medrol Dose Pak (Prednisone)	Should be avoided 2 weeks prior to testing
Vertigo, Emetic or Anti-Spasmodic	Antivert (Meclizine) Bonine Dramamine (Dimenhydrinate) Phenergan Promethazine Vistraril	7 days prior to testing